As you conquer each level, you are entered to win bigger rewards!

This special, introductory challenge will be your guide through the status levels of HumanaVitality: blue, bronze, silver, gold and platinum.

When you reach the goals of the Platinum Challenge, you will be automatically entered to win the status level prize package.

For more information go to <a href="http://livingwell.ky.gov">http://livingwell.ky.gov</a>



## 7 Take the Platinum Challenge!

## **Platinum Status:**

Achieve Platinum Status before Sept. 1, and you are eligible to win an Xbox 360 and Kinect, heart rate monitor and golf bag.



Gold Status: Achieve Gold Status before Sept. 1, and you are eligible to win an iPod touch, Nike + iPod sport kit and Diamondback bike.



Silver Status: Achieve Silver Status before Aug. 1, and you are eligible to win an iPod nano, Nike + iPod sensor, \$15 iTunes gift card and golf bag.



Bronze Status: Complete the Vitality Check before July 1, and you are eligible to win an iPod nano, Nike + iPod sensor, \$15 iTunes gift card and Nike gym bag.



Blue Status: Complete the health assessment before June 1, and you are eligible to win movie theater gift cards or a Nike gym bag.

Humana Vitality